

# 7 RESOURCES FOR GETTING THINGS DONE, IN A WAY THAT WORKS FOR YOU

1. I first encountered this framework in Gretchen Rubin's book, [Better than Before](#). I highly recommend it if you'd like to change your habits!
2. Not sure what your "tendency" is? [Take Gretchen Rubin's test!](#)
3. [Listen to my podcast](#) about what I have learned works for each of the 4 tendencies.
4. Joeli [wrote a great blog post](#) about how she manages to get stuff done as a Rebel.
5. Want to put together a workday that works for you? Check out my class, [Get More Done](#).
6. My favorite habit-building book, [The Power of Habit](#), by Charles Duhigg.
7. I built the Starship to help Questioners, Obligers, and Rebels get momentum in their business. [Learn more here.](#)

This Resource Guide is a companion to [this blog post](#).